

## ADULT PATIENT MEDICAL HISTORY

Appointment date: \_\_\_\_\_ Time: \_\_\_\_\_ Dr. \_\_\_\_\_

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Email Address: \_\_\_\_\_

Pharmacy/Location: \_\_\_\_\_ Employer Name: \_\_\_\_\_

Insurance Name: \_\_\_\_\_ Insurance ID#: \_\_\_\_\_

### Adult Patient Medical History

What is the main reason for today's visit? \_\_\_\_\_

How long has this been a problem? \_\_\_\_\_ Hours \_\_\_\_\_ Days \_\_\_\_\_ Weeks \_\_\_\_\_ Months \_\_\_\_\_ Years

Please list any other complaints you want to discuss today. \_\_\_\_\_

Did a doctor refer you here today?  Yes  No If so, who? \_\_\_\_\_

Who is your primary care physician (internist, family practitioner)? \_\_\_\_\_

Have you ever taken antibiotics, over-the-counter meds or other medications for this problem?  Yes  No

If so, please list. \_\_\_\_\_

Have X-rays, CT scans, MRI scans or allergy tests been obtained for this problem?  Yes  No

If so, when and where were they taken? \_\_\_\_\_

### Past Surgical History

Please write down any previous surgeries and the approximate dates;

if more room is needed, please attach a separate sheet. \_\_\_\_\_

Do you have any **medical problems** that require regular visits or medications? (Please check)

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Allergies          | <input type="checkbox"/> Emphysema/COPD            | <input type="checkbox"/> Migraine headache    |
| <input type="checkbox"/> Anemia             | <input type="checkbox"/> Gastrointestinal problems | <input type="checkbox"/> Muscle/Bone problems |
| <input type="checkbox"/> Anxiety            | <input type="checkbox"/> Reflux/GERD               | <input type="checkbox"/> Sinus                |
| <input type="checkbox"/> Arthritis          | <input type="checkbox"/> Heart disease             | <input type="checkbox"/> Skin rashes/Diseases |
| <input type="checkbox"/> Asthma             | <input type="checkbox"/> Hepatitis                 | <input type="checkbox"/> Sleep Apnea (CPAP)   |
| <input type="checkbox"/> Bleeding problems  | <input type="checkbox"/> High blood pressure       | <input type="checkbox"/> Strokes              |
| <input type="checkbox"/> Cancer—type? _____ | <input type="checkbox"/> HIV/AIDS                  | <input type="checkbox"/> Thyroid problems     |
| <input type="checkbox"/> Diabetes           | <input type="checkbox"/> Leukemia/Lymphoma         | <input type="checkbox"/> Tuberculosis         |
| <input type="checkbox"/> Dizziness          | <input type="checkbox"/> Liver/Kidney disease      | <input type="checkbox"/> Other: _____         |
| <input type="checkbox"/> Eye disease        | <input type="checkbox"/> Lupus                     | _____   |

Have you had a heart attack, congestive heart failure, chest pain, heart surgery, angioplasty or cardiac stent?

Yes  No If so, when, and who is your cardiologist? \_\_\_\_\_

**List medications and doses**, including aspirin, herbal medicines, over-the-counter medicines and vitamins, that you take on a regular basis. \_\_\_\_\_

**LIST ANY MEDICATIONS OR SUBSTANCES YOU ARE ALLERGIC TO:**

Medication: \_\_\_\_\_ Reaction: \_\_\_\_\_

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**Family History** Please list any relatives that have or have had any of the following (maternal or paternal).

Hearing loss: \_\_\_\_\_ How related: \_\_\_\_\_ Cancer: \_\_\_\_\_ How related: \_\_\_\_\_

Diabetes: \_\_\_\_\_ How related: \_\_\_\_\_ Asthma: \_\_\_\_\_ How related: \_\_\_\_\_

Heart trouble: \_\_\_\_\_ How related: \_\_\_\_\_ Allergies: \_\_\_\_\_ How related: \_\_\_\_\_

Bleeding or clotting problems: \_\_\_\_\_ How related: \_\_\_\_\_

**Social History**

Have you ever been a smoker?  Yes  No If **YES**, \_\_\_\_\_ packs per day for \_\_\_\_\_ years

\*\*If you have quit, how long ago? \_\_\_\_\_

Do you use smokeless tobacco?  Yes  No If **YES**, less than one can/week \_\_\_\_\_, one can/week \_\_\_\_\_, one can/day \_\_\_\_\_, one can last few days.

Do you drink alcohol?  Yes  No If **YES**, how many drinks per day \_\_\_\_\_ week \_\_\_\_\_ month \_\_\_\_\_

Who lives at home with you? \_\_\_\_\_

How many children did/do you have? Sons \_\_\_\_\_ Daughters \_\_\_\_\_

How many siblings did/do you have? Brothers \_\_\_\_\_ Sisters \_\_\_\_\_

**Review of Systems** Please check any medical problems you are currently having.

**Body as a Whole**

- Fatigue
- Fevers
- Weight loss
- Weight gain
- Trouble sleeping
- Headache
- Facial pain

**Ears**

- Drainage
- Decreased hearing
- Fluid
- Fullness
- Recurrent infection
- Pain
- Imbalance
- Dizziness
- Ringing/Noise
- Noise exposure

**Nose**

- Drainage
- Stuffiness
- Changes in smell
- Polyps
- Frequent colds
- Frequent sinus infection
- Broken nose
- Bleeding

**Neck**

- Large glands
- Pain
- Cyst or lump
- Thyroid problems

**Throat**

- Drainage
- Pain
- Tonsillitis
- Bad breath
- Snoring
- Large tonsils
- Noisy breathing
- Throat clearing
- Hoarseness
- Cough

**Allergies**

- Sneezing
- Pets in home
- Spring allergies
- Summer
- Fall
- Winter
- Foods

**Eyes**

- Blurred vision
- Glaucoma
- Cataracts
- Itching
- Pain
- Tearing down face

**Lungs**

- Asthma
- Wheezing
- Bronchitis
- Bloody cough
- Emphysema/COPD

**Heart**

- Murmur
- Surgery
- Extra beats
- Chest pain
- Heart attack
- Prolapsed valve

**Stomach/GI**

- Diarrhea
- Constipation
- Cramps
- Heartburn
- Reflux
- Swallowing problems

**Urinary Tract**

- Frequency
- Burning
- Stones
- Bleeding
- Infections

**Muscle/Bones**

- Joint pain
- Joint swelling
- Weakness
- Back pain

**Skin**

- Eczema
- Itching
- Hives
- Rash
- Moles
- Nonhealing sore
- Scar

**Neurological**

- Seizures
- Numbness
- Tingling
- Paralysis
- Tremor

**Psych**

- Depression
- Anxiety
- Attention deficit